

NORTH WEST HOCKEY OFFICIATING

4 steps to being a confident umpire





Confidently dealing with dissent and abuse



Speak to players - right time, the right tone!



Give cards appropriately



Listen to ensure you understand. Don't assume!



Use all your tools to communicate - whistle, signals, voice, body language



Know when to disengage - it's not a slanging match!



Put the little fires outs



Top tips for being more confident

- Prepare and practice
- Communicate to help the players understand functional communication
- Deal with dissent and abuse from the start
- Expect to get everything 'right'
- Try to prove you are 'right'
- Be overly friendly with players / talk too much