

Men's League

Division Teams Promotions Relegations

Allows for one EHL relegation, more would mean additional relegation(s) at each Level until absorbed

Premier	12	One	Two
Division 1	12	Two	Two
Division 2	12	Two	Four
3 East	12	Two	Two
3 West	12	Two	Two
4 East	12	Two	Two
4 West	12	Two	Two
5 East	12	Two	Four
5 West	11	Two	Three
6 North East	12	Two	Two
6 North West	12	Two	Two
6 South East	12	Two	Two
6 South West	12	Two	Two
7 North East	12	Two	Two
7 North West	12	Two	Two
7 South East	12	Two	Two
7 South West	12	Two	Two
8 North East	12	Two	Two
8 North West	12	Two	Two
8 South East	11	Two	One
8 South West	12	Two	Two
9 North East	11	Two	One
9 North West	12	Two	Two
9 South East	12	Two	Two
9 South West	12	Two	Two
10 North East	11	Two	None
10 North West	10	Two	None
10 South East	10	Two	None
10 South West	12	Two	None

Women's League

Division Teams Promotions Relegations

Premier	12	One	Two
Division 1	12	Two	Two
2 North	12	One	Two
2 South	12	One	Two
3 North East	12	One	Three
3 North West	11	One	Two
3 South East	12	One	Three
3 South West	12	One	Three
4 Arden	12	Two	Two
4 Beacon	12	Two	Two
4 Moorlands	12	Two	Two
4 Nene/Charnwood	12	Two	Two
4 Peak	12	Two	Two
4 Sherwood	12	Two	Two
5 Arden	12	Two	Two
5 Beacon	10	Two	None
5 Moorlands	12	Two	Two
5 Peak	10	Two	None
5 Sherwood	12	Two	Two
5a Nene/Charnwood	10	One	None
5b Nene/Charnwood	8	One	None
6 Arden	12	Two	None
6 Beacon	6	None	None
6 Moorlands	8	Two	None
6 Sherwood	11	Two	None